

I need to talk to someone before I can get support



At SARSAS we have a phone support helpline. You can call if you want someone to talk to.

Phone: 0808 801 0456



The helpline is open

Monday & Friday

11am – 2pm



Tuesday, Wednesday, and Thursday

6pm – 8:30pm



Email support

support@sarsas.org.uk

We also have email support so you can write to us for help.



Live Chat support

This is sometimes called text chat.

You can message us on live chat for help.

You can find this on our website

www.sarsas.org.uk