**What to do if you want support?**

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| --- | --- |
| A person holding a phone  Description automatically generated with low confidence  A picture containing text, monitor  Description automatically generated | You can call us at  **Bristol office: 0117 929 9556**  **Taunton office: 01823 324 944**  **Or**  email us at [info@sarsas.org.uk](mailto:info@sarsas.org.uk) |
| Arrow  Description automatically generated | **Or**  Fill in a form or ask someone you trust to fill in the form which is on our website [www.sarsas.org.uk](http://www.sarsas.org.uk) |