**Questions about support**

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| Description: C:\Users\teleridyer\AppData\Local\Packages\Microsoft.MicrosoftEdge_8wekyb3d8bbwe\TempState\Downloads\Assessment (P) (1).png | **What happens after I have contacted you?**  We will contact you and arrange a time for an assessment.  At the assessment we will tell you more about the service. We will also find out a bit more about you. |
| http://cdn.shopify.com/s/files/1/0606/1553/products/Boss_phone1_large.png?v=1417858602 | **When will I get a support worker?**  When a space comes up, we will contact you. We have a waiting list. You might wait for about 6-9 months. |
| C:\Users\teleridyer\AppData\Local\Packages\Microsoft.MicrosoftEdge_8wekyb3d8bbwe\TempState\Downloads\Support (1).png | **Can I bring someone with me?**  You can bring someone with you to appointments. It might be nice for you to come to the sessions on your own, when you feel ready. |
| http://cdn.shopify.com/s/files/1/0606/1553/products/Health_Meeting-2_large.png?v=1417849124  A picture containing text, person, monitor, computer  Description automatically generated | **Where will we meet?**  We can meet you in our office in Bristol or Taunton.  Or we can meet you virtually on the computer  Or we can contact you on the phone. |
| Calendar  Description automatically generated  C:\Users\teleridyer\AppData\Local\Packages\Microsoft.MicrosoftEdge_8wekyb3d8bbwe\TempState\Downloads\Choose support (1).png | **How long is the support for?**  You will get support for up to 6 months.  After 6 months you and your support worker can think about other support that you might need like counselling or therapy, group work. |
| http://cdn.shopify.com/s/files/1/0606/1553/products/Watch_Point_large.png?v=1417858388  A picture containing text, watch  Description automatically generated | **How long does a session last?**  Your support worker will arrange a time to meet with you.  A session lasts for about 1 hour. |
| http://cdn.shopify.com/s/files/1/0606/1553/products/Social_Work-2_large.png?v=1417857052    https://cdn.shopify.com/s/files/1/0606/1553/products/Rights-Women-1_large.png?v=1427294603 | **Can I talk to my support worker about what happened to me?**  You can tell your support worker as much about your experiences as you like but your support worker isn’t a counsellor.  Your support worker work will help you to learn ways to have control over your life and be able to think positively about your future. |
| http://cdn.shopify.com/s/files/1/0606/1553/products/Confidential_large.png?v=1417856317  http://cdn.shopify.com/s/files/1/0606/1553/products/Safeguarding-Circle-Of-People_large.png?v=1417846861 | **Will you tell anyone?**  We will keep what you talk about confidential.  We will only share information about you if it is to keep you safe – this is called ‘safeguarding’. |